



Cutting Lines

Arizona Society for
Histotechnology

Fall 2016

In This Issue

- New ASH Officers
- ASH Symposium
- Adventures of JP

Contact Us

<http://www.azhisto.com>
alvmillerash@gmail.com

Introducing New ASH Officers



William DeSalvo, President

I am honored to be elected to the position of President of the Arizona Society for Histotechnology (ASH) and hope the next two years will provide opportunity for me to get to know as many AZ Histology Geeks as possible. And by Geek I mean all of us knowledgeable and dedicated individuals interested in advancing the field of Histotechnology and building a stronger community through support, education and volunteering. That said, I would like to take this opportunity to briefly introduce myself, discuss with you what I see as the challenges facing our society and Histotechnology and ask your support.

Many of you know me and many do not. I am dedicated to educating the multiple generations of individuals that have entered my chosen profession of Histotechnology after me. I believe all of us, from the trainee to the old Baby Boomer (ME!), have skill, experience and time to give. Volunteer and create a personal and positive self-reinforcing cycle. I am always available for questions and assistance. Never hesitate to contact me, if you have a need.

There are many challenges facing Histotechnology and everyone working in the field. First, our science and workplaces are transforming and we will soon be challenged with the task of redefining ourselves and struggling to adapt to new disruptive technology and processes. Each of us can look at this change as having a positive or negative effect, but I trust we can agree that this change presents a need for education, retraining and networking. The ASH community must become a driving force for success and positioned ourselves as the trusted and needed vehicle that drives that success. We must continue to grow stronger and find innovative ways to attract new members and get them involved. Finding this new mix of education and community will be a great and rewarding challenge. What has worked for us and ASH in the past is not working for the newest members to the field of Histotechnology. We need creative ideas and active participation across the strata of our membership and all practicing Histotechnology. ASH and many other societies and groups are struggling to develop relationships and engage with Gen X (born early 1960s - early 1980s), Gen Y (born 1977 - 2000) and Gen Z (born mid/late 1990s - early 2000s). I am asking you to accept this challenge with me to engage and bring in these groups of Histology Geeks into our community. I certainly do not have the answer, but I am confident we can work together to develop a strategy.

Last, I challenge all to reconsider your level of participation and volunteering. If not us, then who? There are great benefits to volunteering and I have always lived by the following quote: "One of the great ironies of life is this: He or she who serves almost always benefits more than he or she who is served." – Gordon Hinckle. The power and benefits have been documented for 2500+ years and even Science has proven the benefits of volunteering. I personally have found 4 specific benefits and will share them with you:

1. Volunteering your time makes you feel like you have more time
2. Volunteering your skills helps you develop new skills
3. Volunteering your experience helps you build experience
4. Volunteering your love of something makes you smile

When you decide you want to volunteer, contact me. There are many ways you can volunteer and help others. Tell me what you want or need and I will match that to a project, assignment or committee. I look forward to the next two years and can hardly wait to work with all to create smiles.

wdesalvo.cac@outlook.com

480-622-1337



Melinda A. Sokol-Hamilton HT (ASCP), Vice President

Hello fellow ASH Members,

As we begin to plan for the future, I would like to start by thanking you for electing me as your Vice President of this society. I also would like to thank Bridget for her hard work over the past 2 years as our Vice President, she has done an excellent job. I have come to know most of you after moving to Arizona 6 years ago. Some of you I have known over the years through the NSH, some I have worked with, and some through Facebook.

Speaking of FB, make sure you log onto our FB page (Arizona Society for Histotechnology) and like us! We will put histology meeting updates, helpful answers to work related questions, and links to histology articles from around the globe and current job postings in Arizona. ASH also sends out a quarterly newsletter through email, so make sure when you sign into the meetings, PLEASE print your name clearly and also give us your email address. If you don't receive a newsletter, it will be posted to our website www.azhisto.com.

We are in the planning stages for our upcoming quarterly meetings. We would like to hear from our members as to what topics you would like to learn about. If we don't get to those topics with a quarterly meeting, we can then introduce them in 2018 at our next Regional Symposium. If you would like to be a Host for one of our quarterly meetings, let me know by emailing me at m.sokol37@gmail.com. If you would like to be a Presenter, please contact the NSH office and ask for the requirements needed so that your presentation can earn the membership CEU's. Don't forget you will be earning CEU's for attending any of these meetings. All of your CEU's that you earn will be posted to: <http://ce.nsh.org/>. Also, if you're not a member of the National Society of Histotechnology (NSH.org), you should think about joining. You will see upcoming events, nationwide job postings, you can volunteer to serve on a committee and of course be welcomed into the community of "The Block".

I also would like to send a Congratulations to Bridget on her recent marriage, and wish her and her family the very best on their new journey in life up in Alaska. I hope that you return to Arizona Bridget at least to thaw out! ☺

So again, I would like to say Thank You to the Membership for electing me as your VP, but most importantly, I would like each of us to thank our outgoing Board, President, Kate Bolt, Vice President, Bridget Maryott, and Treasurer, Kasper Kasprzyk for their contributions, leadership and guidance over the years to the Arizona Society of Histotechnology. Additional Special Thank

you's go out to Antonia Miller, Shelley Turner, Karen Lahti, and Dawn Arnold, for working long hours on the Region VII Symposium. I hope each one of them knows it has not gone unnoticed!

Sincerely,

Melinda A. Sokol-Hamilton HT (ASCP)



Antonia Miller, Secretary

Greeting ASH Members,

Thank you for voting for me. I am happy to serve another term for our histology community by supporting furthering education opportunities for us all to learn from. Currently our ASH officers are brainstorming up an exciting year of workshops. If there are certain histological topics that you would like to see next year, please feel free to contact any of us.

Throughout the year I send out plenty of ASH communication e-mails that include newsletters, career opportunities, and updates, however receive plenty of returned e-mails. If you are not receiving these, please add alvmillerash@gmail.com to your e-mail contact list. Thank you.

I would like to thank all who volunteered during the Summer Symposium! This includes all the officers at term, volunteer committees, and volunteers at the symposium who all helped to make this happen.

Best Regards,

Antonia Miller , HTL (ASCP)CM



Shashi Watts, Treasurer

Hello Everyone,

Thank you for your vote. I am honored to serve as Treasurer again for our ASH community. As an active member for the last 10 years, I have also served as a committee member for last 4-5 ASH workshops and seminars. If you have any questions, please feel free to contact me at 732-615-7959, or email me at swatts07751@aol.com.

Thanks, and have a great day!

Shashi Watts, HT (ASCP)

ASH Symposium 2016 Awards and Scholarships



Ruth Wilson, Freida Carson Award Winner

We are very proud to announce that Ruth Wilson won the Frieda Carson Award!

Ruth Wilson currently works third shift. She started of this year as an HT 3 and currently holds this position. Ruth's primary duties are IHC staining of both platforms DAKO and Ventana, Microtomy, AB prep when needed, tissue processing, and QC. She performs daily maintenance when it's applicable: pH meter, run down lines, and cover-slipper reagent rotation. She contributes to the daily case load with malleability and determination. Ruth is seen by her peers as reliable and easy going. She is very accessible and not afraid to offer her views on what the best course of action is.

Ruth has been in the Histology profession since 1978. She loves what she does and enjoys going to ASH and NSH conferences. She got the he Frieda Carson award for all the contribution she has made to Caris and to the profession.



Pictured above from left to right:

ASH Scholarship Recipient: Melody Campbell

Phyllis Boris Scholarship Recipients: Jonette Watson-Henry, Antonia Miller (not pictured)

Antonio Villanueva Scholarship Recipient: Elma Contreras

Not Shown:

President's Lifetime Achievement Award: Beth Sheppard

Jules Elias Award: Karen Lahti

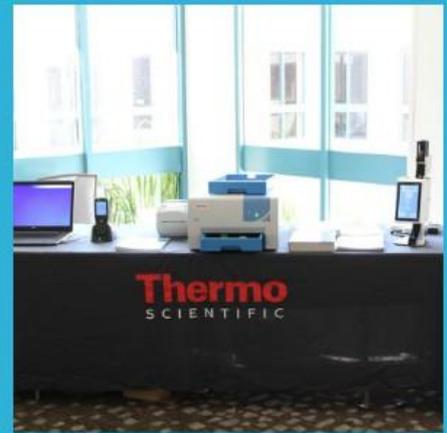
ASH Symposium Meeting Minutes

ASH Officers 2014-16:	<p><u>President:</u> Kate Bolt</p> <p><u>Vice President:</u> Bridget Maryott</p> <p><u>Secretary:</u> Antonia Miller</p> <p><u>Treasurer:</u> Katherine Kasprzyk</p>
ASH Officers 2016-2018:	<p><u>President:</u> William DeSalvo</p> <p><u>Vice President:</u> Melinda Hamilton Sokol</p> <p><u>Secretary:</u> Antonia Miller</p> <p><u>Treasurer:</u> Shashi Watts</p>
Total # Summer 2016 Symposium Attendees	89
Current # of Active Memberships	109
Summer 2016 Symposium Meeting	<ul style="list-style-type: none"> ▪ Opening address, call to open the general membership meeting- Kate Bolt, President <ul style="list-style-type: none"> • Thanks to all for attending • Special thanks to speakers, vendors and symposium planning committee ▪ Outgoing Officer Addresses <ul style="list-style-type: none"> • President Kate Bolt • Vice president Bridget Maryott • Treasurer Kasper • Secretary Antonia Miller <ul style="list-style-type: none"> ➤ Officer reports will be included in next quarterly newsletter ▪ Introduction of New Officers <ul style="list-style-type: none"> • President William DeSalvo • Vice president Melinda Sokol Hamilton • Treasurer Shashi Watts • Secretary Antonia Miller ▪ Awards/Scholarships- Kate Bolt, President <ul style="list-style-type: none"> • President's Lifetime Achievement Award: Beth Sheppard • Freida Carson Award: Ruth Wilson • Jules Elias Award: Karen Lahti • Phyllis Boris Scholarships: Jonette Watson-Henry, Antonia Miller • Antonio Villanueva Scholarship: Elma Contreras • ASH Scholarship: Melody Campbell ▪ Address from NSH Region VII Director- Jane Parr, Region VII Director <ul style="list-style-type: none"> • Encouragement of ASH membership to join NSH and get more involved with their societies ▪ General membership call for any new/open business: <ul style="list-style-type: none"> • No response/items added ▪ Close to meeting- Kate Bolt, President

ASH Symposium 2016 Memories



Thank you vendors!





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- Made fresh to order, with the longest expiration date possible.
- Material Safety Data Sheets available on website.
- All product labels conform to OSHA specifications.
- BSC certified stains & USP or ACS grade chemicals.
- In general, an 8 oz. kit will stain approximately 100 slides. A 16 oz. kit will stain approximately 200 slides.

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